

Training Rules

Film Credits

Produced and Directed by

Dee Mosbacher and Fawn Yacker

Edited by

Gail Mallimson

Gina Liebrecht

Narrated by

Diana Nyad

Cinematography

Fawn Yacker

Graphics

Dina Munch

Gail Mallimson

Gina Liebrecht

Jennifer Durso

Writers

Gail Mallimson

Dee Mosbacher

Fawn Yacker